INDUS UNIVERSITY
LEARN WELL TO LIVE WELL

INTERIOR DESIGN

THESIS PORTFOLIO

SPRING 26

Faculty of Communication and Design, Indus University

DEAN's

Message



Major Dr. Usman Farooq Abbasi (Retd)
Faculty of Communication & Design
Indus University, Karachi

The completion of a thesis marks an important milestone in every student's academic journey. This Thesis Book reflects the dedication, intellectual curiosity, and creative potential of our graduating students, who have successfully transformed ideas into meaningful research and design projects. I commend our faculty members and thesis supervisors for their guidance and mentorship throughout this process. My heartfelt congratulations to all our graduates on this well-deserved achievement. May the knowledge, skills, and values cultivated during your time at Indus University inspire you to lead with integrity, innovate with purpose, and make a positive contribution to your profession and society.

CHAIRPERSON's

Message



Sana Gul
Faculty of Communication & Design
Indus University, Karachi

This thesis represents the commitment of our department to academic quality, research, and professional development. It showcases the student's ability to explore ideas through systematic inquiry and critical analysis. The research reflects the values of intellectual curiosity, ethical scholarship, and evidence-based learning that our department strives to instill in every student. It also demonstrates the importance of applying academic knowledge to address contemporary issues and contribute meaningfully to the field of study. I appreciate the efforts of both the student and the supervisor and wish them every success in their academic and professional journey.

Program Head & Thesis Supervisor’s

Message



Muhammad Abrar Khokhar

Faculty of Communication & Design
Indus University, Karachi

The successful completion of this thesis demonstrates the student's dedication, creativity, and application of knowledge gained throughout the program. It reflects the standards of excellence we strive to achieve in our academic community. This research highlights the importance of critical thinking, innovation, and scholarly inquiry in addressing contemporary challenges within the field. I am confident that the knowledge and skills developed through this research will contribute significantly to the student's professional growth and future achievements. I extend my best wishes for continued growth, lifelong learning, and future accomplishments.

THE ART OF DREAM



Areeba Ali

The Art of Dream is an interior design thesis exploring how dream-like spaces can provide an escape from everyday stress, overthinking, and mental fatigue. Inspired by childhood imagination and the magical connection between nature and fantasy, the project proposes a fantasy healing sanctuary where users can disconnect from reality and reconnect with their inner child. Through organic forms, soft curves, natural materials, playful elements, atmospheric lighting, and immersive spatial experiences, the design transforms the space into a calming journey between reality and imagination a place where one can simply dream, play, explore, and find joy without the pressure of being productive or perfect.







JOURNEY WITHIN An Exploration of Emotional Expression Through Interior Space



Aqsa Waheed

In a world of constant external noise social expectations, curated identities, and performed selves individuals increasingly lose touch with who they authentically are. This thesis proposes an experiential interior design space that physically maps the psychological journey from a constructed, performed identity toward authentic self discovery and emotional release.







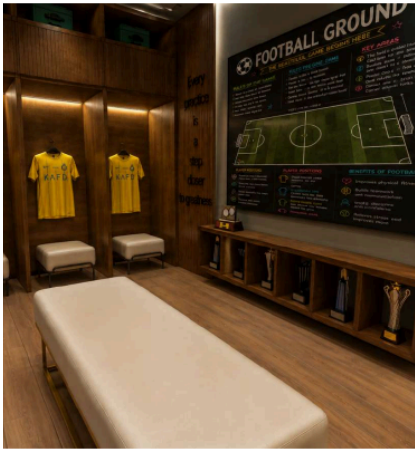
THE ECHO OF LOST SPORTS CULTURE
A COMMUNITY SPORTS HUB



Aden Rehman

Sports build communities and connect generations, yet some games are fading in today's digital world. The Echo of Lost Sports Culture reimagines a vibrant Sports Community Complex where people can reconnect with movement, rediscover forgotten games, and build new memories together.





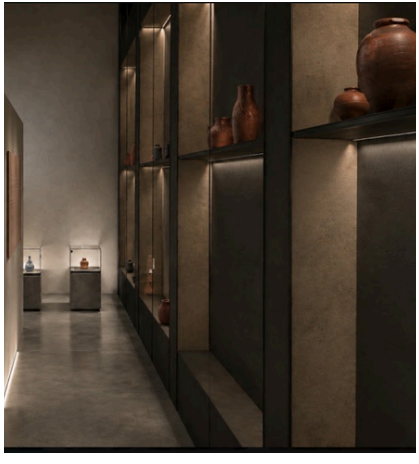


FROM EARTH TO FORM
Clay Arts Experience Center



Abeer Altaf





From Earth to Form is a concept that celebrates the transformation of raw clay into meaningful art through the process of craftsmanship and human creativity. It reflects the journey from a natural material to a finished form, emphasizing the value of making, learning, and experiencing. Based on this concept, the thesis proposes a Clay Arts Experience Center that integrates exhibition spaces, ceramic studios, and interactive learning environments. The project aims to preserve ceramic heritage while fostering public engagement, creative exploration, and a deeper appreciation of clay through an immersive architectural experience.

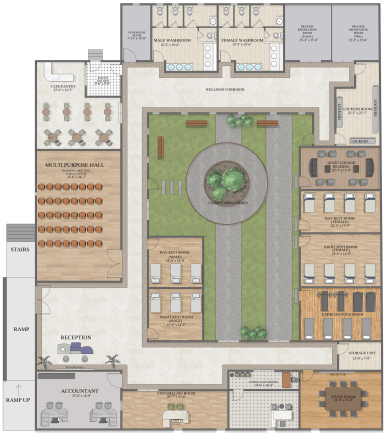


PLAN

CIRCADIAN
RESPONSIVE RHYTH FOR NIGHT WORKER

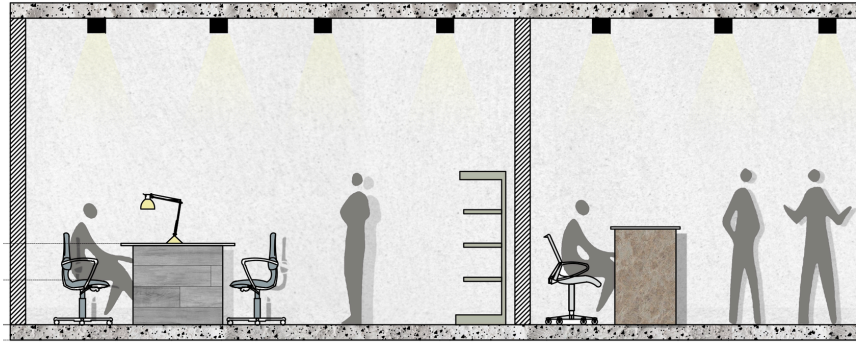


Aimen Rajar





Nature follows a natural rhythm of daylight, darkness, activity, and rest that supports human health and well- being. Night-shift healthcare workers disrupt this rhythm, often experiencing fatigue, sleep deprivation, stress, and reduced alertness. Hospital environments often lack spaces and lighting strategies that adequately support their biological needs. Thoughtful lighting, spatial planning, materials, biophilic elements, and restorative spaces can help reduce these effects. This research aims to develop evidence-based interior design strategies that support recovery, well-being, and performance among night-shift healthcare workers.



SHELTER FOR HOMELESS &
SKILLS LEARNING DEVELOPMENT CENTER



Abdul Rafay

This project proposes an inclusive shelter and skill development center for homeless men, women, and labourers. The design focuses on dignity, safety, privacy, comfort, and inclusivity for all users. It provides secure living, communal, recreational, educational, and vocational spaces. Skill development facilities aim to promote self-reliance, employment, and independence. Overall, the project seeks to support well-being, social stability, and reintegration into society.





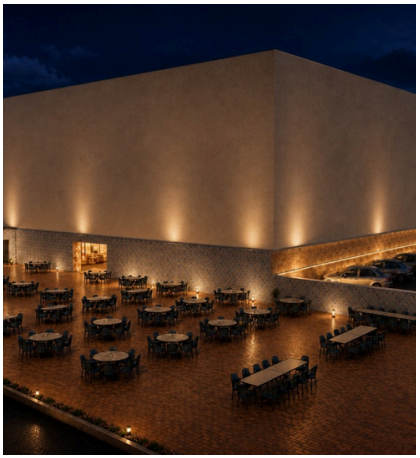


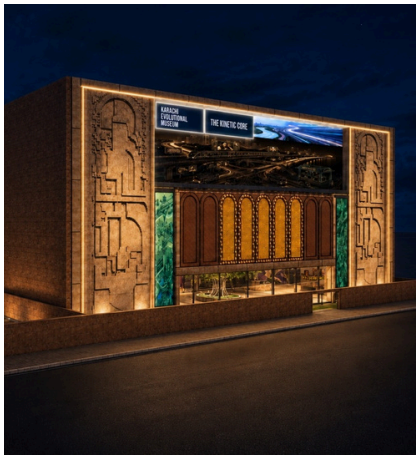
TIMELINE JOURNEY OF KARACHI FROMOLD TO NEW SPACE KARACHI EVOLUTIONAL MUSEUM THE KINETIC CORE



Fiza Muqtadir

This thesis proposes transforming Karachi's traditional museums into "The Kinetic Core“; an immersive, evolutionary museum centered on a dynamic Timeline Journey from Old to New. By replacing static displays with interactive motion graphics and reactive environments, the project creates a living narrative that guides visitors through the city’s transformation from its organized past to its high-energy present, making Karachi’s history an emotional, deeply personal experience.







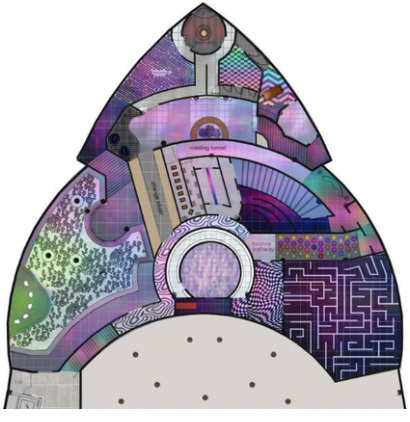
Architecture Of Absurdity: Finding Joy In The Pointless

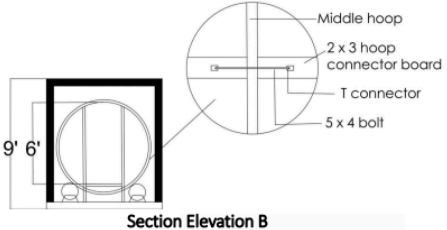


Haya Ahmed

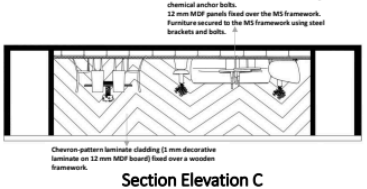
Architecture has always been expected to make sense. This project asks: what if it didn't? This project challenges the conventional idea that architecture must always be logical and predictable. Through distorted perspectives, unexpected forms, playful interactions, and surreal experiences, the space turns confusion into curiosity and curiosity into joy. It creates an environment where reality feels slightly unfamiliar, encouraging users to explore, question, and experience the unexpected. Rather than simply being understood, the space is designed to be felt, showing that sometimes, the most meaningful experiences begin when we let go of logic.



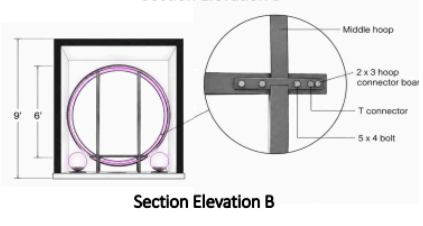




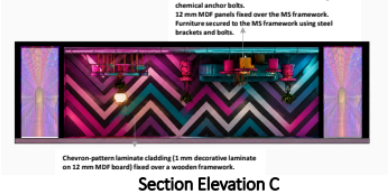
Section Elevation B



Section Elevation C



Section Elevation B



Section Elevation C

The Art Of Still Growth



Hassan





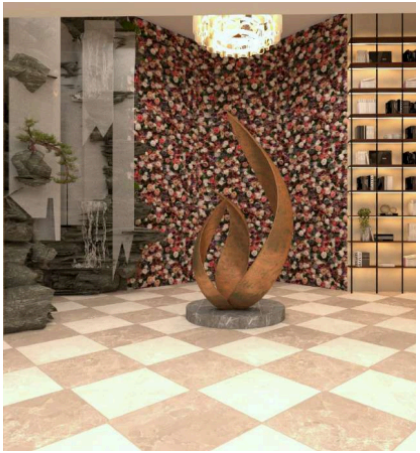
The Art of Still Growth explores how interior spaces can support human well-being, focus, and gradual personal growth by creating a deeper connection between people and nature. Inspired by the way nature grows quietly and continuously, the thesis proposes an office environment where productivity is balanced with moments of calm, restoration, and reflection. Guided by the philosophy “Aligned with Nature,” the design does not simply imitate nature but translates its qualities through natural light, plants, water, raw and tactile materials, organic textures, spatial transitions, and the interplay of light and shadow. The concept “Still Growth” represents the idea that growth does not always require constant movement; sometimes, stillness creates the conditions for meaningful development.

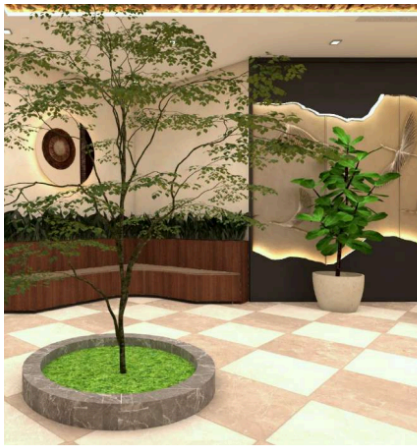


MORPHOSIS OF EMOTION RESORT



Jannat Niaz





Morphosis of Emotion is an interior design thesis exploring how spaces can influence and transform human emotions. The project proposes a resort , designed to guide users through three emotional stages: Tension, Adaptation, and Release. Through spatial form, materials, lighting, colour,
texture, and circulation, the design creates a gradual emotional journey from stress to calm and relaxation.

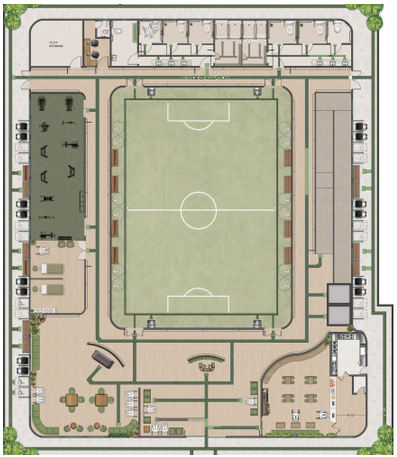


BEYOND BARRIERS

AN INCLUSIVE INDOOR SPORTS CENTER



Maryam Manzoor





Beyond Barriers is an inclusive indoor sports and recreational facility designed to create a safe, accessible, and welcoming environment for everyone. The project aims to eliminate physical, sensory, and psychological barriers through universal design, thoughtful circulation, and inclusive spatial planning. It specifically caters to wheelchair users, visually impaired users, and neurodivergent users, including individuals with autism, providing spaces that support participation, independence, rehabilitation, and social interaction.



Street Chroma: Unveiling The Vibrant Pallete of Urban Art



Malika Shakeel







Urban art captures the colours, energy, expressions and stories of the city. this design translates these elements into a spatial experience through vibrant colour palettes, expressive patterns, textures and dynamic visual connections. inspired by the spontaneous character of street art, the spaces encourage creativity, interaction and self-expression, creating an environment where colour and art become part of everyday experiences.

A Journey Through Playfulness



Maham Jawed

The idea is to bring back the feeling of childhood through interior spaces, where play, imagination, and nostalgia become part of the experience. My design approach is inspired by the things we enjoyed as children—cartoons, games, bright colours, playful forms, and 90s nostalgia.





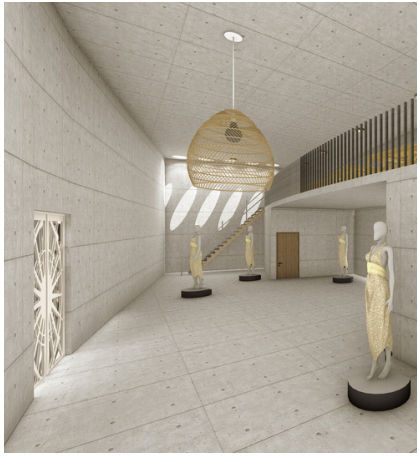


FRAGMENTED IDENTITY FASHION ATELIER

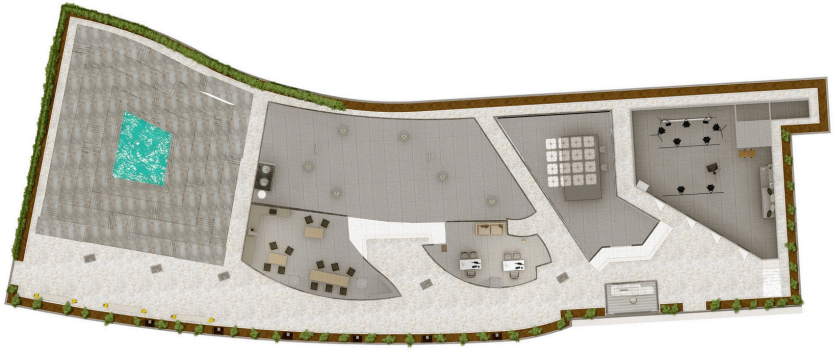


Nimra Ajaz





Fragmented Identities explores fashion as a form of self-expression and a reflection of our constantly changing identities. The thesis transforms the conventional fashion atelier into an experiential space where fashion, emotions, and interior architecture interact. Through fragmentation, distortion, reflection, and unconventional spatial forms, the design represents the complexity of identity and the transformation of emotions. The atelier becomes more than a place to create fashion—it becomes a space where people can create, experience, express, and discover different versions of themselves.



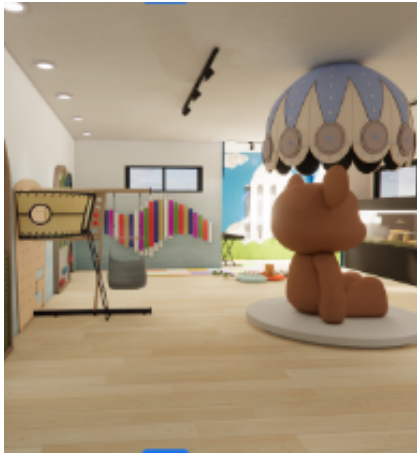
LOATING MIND SUGGEST A STATE OF METAL FLUIDITY WHERE THOUGHT DRIFT FREELY



Neha Zainab

Floating Mind is an interactive kids' spatial experience inspired by the fluidity of water and the adaptability of the human mind. The space uses soft, flowing forms and immersive interactive elements like-responsive walls, and light projections to create a continuously evolving environment. Designed around active, creative, and calm emotional zones, it encourages exploration, sensory engagement, learning, and emotional growth through movement and play.







Interior environments Sustainable Learning hub

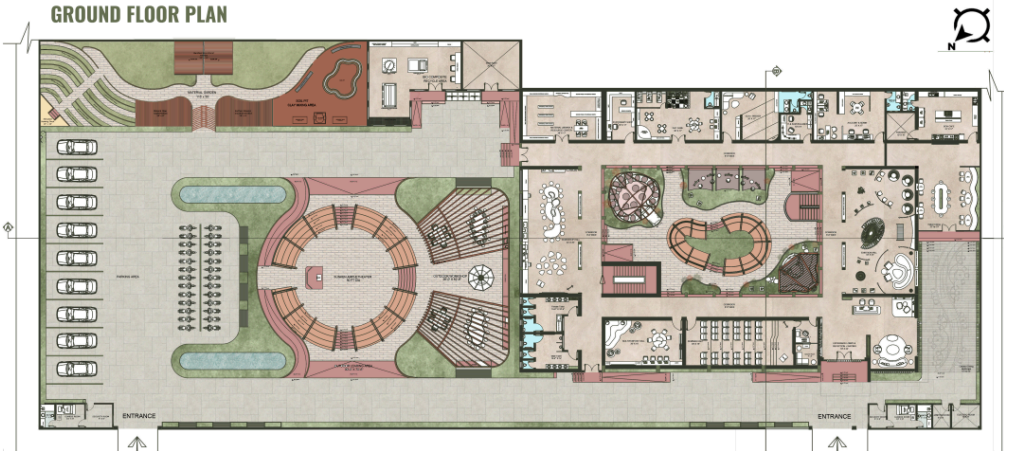


Qaddam Ali





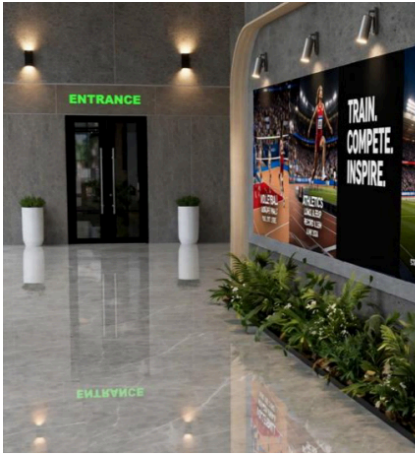
This thesis explores the adaptive reuse of Dawood University's Architecture Department into a Sustainable Learning Hub through experiential and biophilic interior strategies. The project builds upon the site's existing daylight, airflow, courtyard character, and spatial qualities rather than treating them as deficiencies. Sustainable materials, local craft, passive strategies, natural elements, and flexible learning environments are integrated into the design. Spaces such as the exhibition hall, creative workshop, digital learning lab, seminar hall, and courtyard support learning through seeing, touching, making, and interacting.

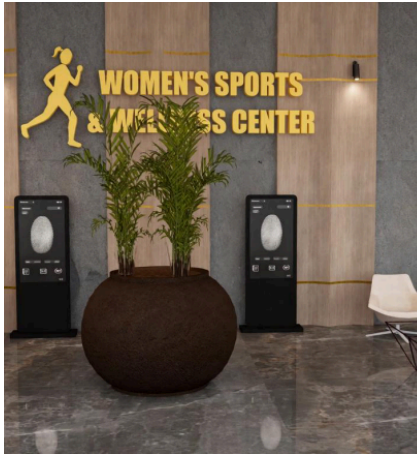


Women Sports

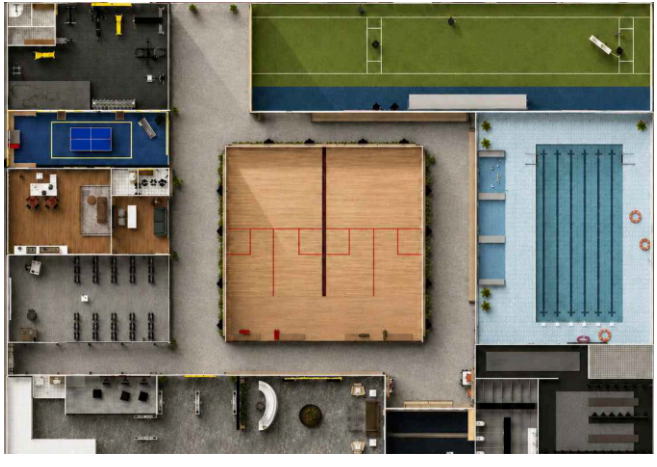


Shaheer





Empowering Women in Sports in Pakistan" focuses on designing a Women's Sports & Wellness Center that provides safe, inclusive, and well-equipped sports facilities exclusively for women. Having played cricket at the regional level, I personally observed the lack of quality sports facilities and opportunities for women compared to men. This inspired me to design a space where women can train, practice, develop their skills, and prepare themselves for national and international levels



THEATRICAL MUSEUM A NARRATIVE MUSEUM OF THEATRICAL STORYTELLING



Samiah Khalid





The Theatrical Museum explores how interior spaces help create the world of a movie. From sets and costumes to lighting, materials, colour and atmosphere, every design element plays a role in shaping a story. The museum brings these aspects of filmmaking together through exhibitions, set design, costumes, production, performance, immersive spaces and cinema. Inspired by the movement of a movie reel, the design connects these experiences through a continuous journey, where each space introduces a different part of the filmmaking process. The museum transforms the process of filmmaking into a spatial experience, allowing visitors to understand how interior design helps bring stories to life on screen.



MARKAZ E TAMADDON
VOCATIONALAND CULTURAL CENTRE

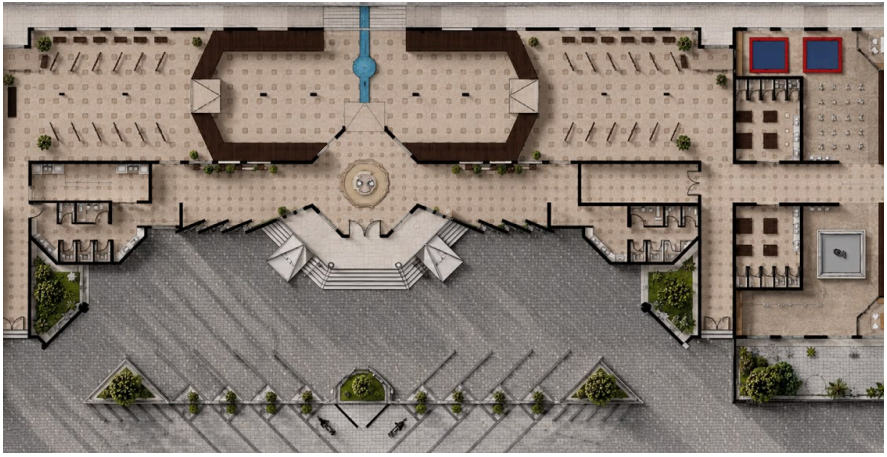


Um ul Badeen

This thesis explores interior architecture as a tool for cultural esilience and empowerment through the design of a Vocational and Cultural Centre for the Hazara community in Quetta. The project responds to long-standing social and security challenges by creating a safe and inclusive environment that transforms trauma into visibility, isolation into interaction, and memory into reflection.



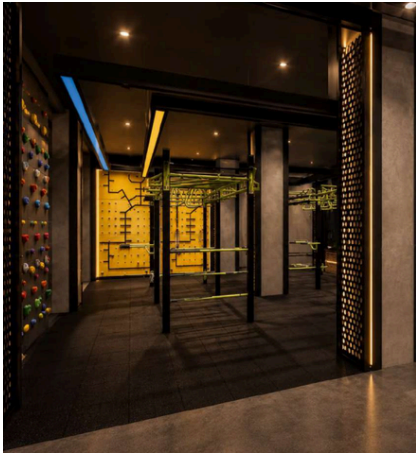




A Space Where You Play To Get Stronger



Yusra Mehfooz





The project transforms the traditional gym into an interactive fitness environment where exercise feels like play rather than a repetitive workout. It combines movement, challenge, exploration, social interaction, and wellness to make fitness
more enjoyable and engaging.



DESIGNING LOW-STIMULATION ENVIRONMENTS TO SUPPORT WELL-BEING AND STRESS MANAGEMENT

CALMSCAPE WELLNESS CENTER



Zunaira Saeed

This thesis explores how low-stimulation interior environments can support well-being and stress management by reducing unnecessary sensory input. Contemporary interiors often expose users to harsh lighting, noise, visual clutter, and complex spatial layouts, which can affect psychological and emotional well-being. The research investigates calming strategies such as controlled lighting, balanced colors, natural materials, acoustic comfort, and simple spatial planning.

These principles are applied to the proposed CalmScape Wellness Center to create a calm and restorative environment that supports relaxation, mindfulness, and overall mental well-being.



